

Walks for June 2021

ALL walks will meet at the start of the walk at the time specified, and everyone will have to book their place NO EARLIER THAN 9am 2 DAYS BEFORE THE WALK by contacting the relevant walk leader. Group size, including the Leader(s), will be limited as per Government and Ramblers guidelines in force at the time, so pre booking is essential.

Thursday 3	Lunch Walk Thursday 3rd June Meet at the start at 10.00am 5&3 miles				
Leader	Mike & Helen S Tel: 01525755590/07835096057 Contact leader from 9am Tuesday 1st June Booking will also be required for lunch.				
Start Place	Cross Keys car park, 13 High Street, Pulloxhill . Post Code: MK45 5HB Grid Ref: TL063340				
Route	The walk is a figure of eight with the Cross Keys as the central point.				
Walk 1	Pulloxhill, Flitton, Wardhedges, Silsoe & back to Pulloxhill.				
Walk 2	Pulloxhill to Upper Sampshill Farm & return to Pulloxhill .				
Pub Stop	Cross Keys, Pulloxhill, There is the option of lunch at the pub depending on restrictions. The menu website is https://www.thecrosskeys.co.uk/menu/				

Little Gaddesden Thursday 10th June Meet at start at 6.30pm 4 miles				
Leader	Karen V Contact leader from 9a	Tel: 07776 525293 m Monday 7th June		
Start Place	Car Park opposite Bridgv Post Code: HP4 1PD			
Route	Undulating walk via Berkhampstead Common & Ashridge Park returning via Golden Valley .			
Pub Stop.	Bridgewater Arms (subje	ct to prevailing Covid regs)		

Monthly Mystery Walk					
Sunday 13th June Meet at Start at 10.00 am 6 miles max					
Leader	Leader Julian C Tel: 07770 344914				
Contact leader from 9am Friday 11th June					
	for details of where this walk is & to book a place.				

Wendover Sunday 6th June Meet at the start at 09.30am 9 miles					
Leader					7835096057
	Cont	act leader	from 9aı	m Friday 4tl	h June
Start Place				ark (free on S Grid Ref:	
Route	Wend and b		ngswood,	St Leonard	's, the Hale
Pub Stop	TBA	Please	bring pa	cked lunch	

Wednesday	16th June	Caldecotte Meet at start		4 miles
Leader	Karen V Contact le)7776 525293 m Monday 1 4	
Start Place			lecotte Arms, Grid Ref: S	
Route	Circular easy walking route alongside the River Ouzel and Grand Union Canal .			
Pub Stop.	Caldecotte	Arms (subjec	t to prevailing	Covid regs)

Dunstable Downs Tuesday 8th June Meet at the start at 10.00am 5.25 miles					
Leader	Marie I Conta		Tel: 07729 15 9am Sunday 6t l		
Start Place	Whipsi Post C Pay ar membe	nade Road, Dur ode: LU6 2GY nd display parkir	ntre, Dunstable I nstable Grid Ref: TL ng, free for Natio eir membership	.007195 nal Trust	
Route	Circula Totterr climb b	ar from Dunstab nhoe, back to fo back to Chilterns		short uphill	
Pub Stop	None, o	drinks and snac	ks from serving I	natch	

Grovebury Walk Thursday 17th June Meet at start at 10.00am 6.5 miles					
Leader	Gill K Tel: 07857851164 Contact leader from 9am Tuesday 15th June				
Start Place	Car Park at Tiddenfoot Waterside Park . Post Code: LU7 2AE Grid Ref: SP913240				
Route	A walk alongside the River Ouzel exploring its history, & around Grovebury Quarry with a stop to view sand martins-bring binoculars. Can be muddy if wet.				
Pub Stop.	None				

LBR Walks for June 2021 — Continued

Sunday 20tl	Studham n June Meet at the star	
Leader	Wendy L Contact leader from 9	Tel: 01582 867576 am Friday 18th June
Start Place	Small car park by War I near Red Lion Public H Post Code: LU6 2QA	
Route Pub Stop	Skirting Jockey End, Fla Red Lion at end of walk	•

Pub Stop Red Lion at end of walk. Bring packed lunch				
Streatley Wednesday 23rd June Meet at start at 6.30pm 4 miles				
Leader	Karen V Contact le	Tel: 07776 5 eader from 9am Monday 2		
Start Place	The Cheque	uers Pub. e: LU3 3PS	TL070286	
Route	Easy walk towards G The Chequ	•	of Streatley	
Pub Stop.	rne Chequ	ueis		

Sunday 27th	Dunstable Downs - Figure of 8 June Meet at the start at 09.30am 7 + 6.5 miles
Leader	Andrea D Tel: 07713718389 Contact leader from 9am Friday 25th June
Start Place	Dunstable Downs Chilterns Gateway Centre Post Code: LU6 2GY Grid Ref: TL008194.
Route	Walk 1: 7 miles starting 9.30am (3 hrs approx) Partial circuit of Kensworth Quarry, Kensworth Church, Codlings Bank, Whipsnade Heath, Sallowspring Wood, The Downs. One mild climb and one short sharp descent. Moderate pace. Walk 2: 6.5 miles starting 1.30pm (2.5 hrs approx) The Downs, Totternhoe Green Lanes, Totternhoe, Church End. Return via Well Head bridleway and Gliding Club. One very steep ascent near end. Perhaps 1 stile. Moderate pace.
Pub Stop.	Toilets and serving hatch/cafe at Gateway Centre. No pub. Lunch stop between walks. Please bring refreshments as necessary.

Eversholt Thursday 24th June Meet at start at 10.00am 5.5 miles approx				
Leader	Nigel and Leslie N-M	Tel: 01525 374024		
	Contact leader from 9am	Tuesday 22nd June		
Start Place	Meet at the car park of the Eversholt, near Woburn Post Code: MK17 9DU	Green Man Pub, Grid Ref: SP983325		
Route Pub Stop.	A circular walk around the As lockdown will hopefully of this walk some may wis in the pub for refreshment	Eversholt countryside . have ended by the time h to celebrate by popping		

Wednesday	30th June	Aldbury Meet at start at 6.30pm	n 4 miles
Leader	Karen V Contact le	Tel: 07776 5252 ader from 9am Monday	
Start Place		and start from the village : . HP23 5RT Grid R	•
Route	Common to	rough the Ashridge Park owards Aldbury Nowers. art of the walk .	
Pub Stop.	The Greyh	ound	

Addendum - Covid Safe Guidelines Please note that the following Covid-safe guidelines remain in place

Walk Leaders

- You must be registered as a Volunteer on the Ramblers 'Assemble' application (a requirement at any time)
- You must operate a booking system as before
- Number of walkers at individual leader's discretion
- You must keep a register of names and contact details for 21 days
- You must complete a risk assessment (copy attached) and keep for 1 year
- You should carry a face covering in case of incidents where physical distancing is not possible
- Make sure there is likely to be adequate car parking at the start as the restriction on car sharing means more cars

All Walkers

- You must book a place on a walk by contacting the walk leader within the stated time period. You cannot just turn up as you will be turned away.
- Avoid car sharing outside your household/support bubble if possible
- Bringing hand sanitiser and a mask is advisable. Some may also wish to bring gloves.
- Avoid touching path furniture (gates/stiles) if possible.
- Do not share food or drink or equipment such as walking poles.
- Follow government guidance on social distancing (2m is recommended but it is recognised that this is difficult at pinch points and so distancing of at least 1.5 m should be observed where possible).